

Smoking kills

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Cigarettes ... everyone knows what they are and how dangerous they can be!

Unfortunately, a lot of children smoke to feel different or just because they think it is "fun" or cool when doing this. But, in less than five years they can get to serious health problems. Smoking or exposure to smoking increases the risk of tuberculosis, heart disease, acute respiratory infections and cancer.

For a healthy life and a healthy environment, both adults and children should replace these addictive "sticks" with sugar-free candies.

Quit smoking! If you do it now, it's not hard!

Don't let anyone smoke around you!